



SPINNAKER SAILING SAN FRANCISCO

ASA Basic Keelboat Sailing 2

Fee: \$600/person (\$550 midweek)
or buy BKS 1&2 for \$1045 (\$995 midweek) **

This course is a continuation of the Basic 1 program. The course gives students additional time on the water to refine those skills learned in the first course as well as introducing new fundamentals that are more effective in maneuverability and control. Classes are held aboard our new Andrews

21 keelboats with two students and the instructor. All classes are held on the water where students put the practical application to work making decisions and building confidence on the Bay. Basic Sailing 2 is for international certification by the American Sailing Association.

Day 1

- Introduction
- Course objectives & certifications.
- Keel design
- Check List
- Spring Lines
 - Effects of wind & current.
- Engine
 - Operation
 - Checklist
- Practice Session, Engine & Docking
- Boat Set-up
- Basic Local Navigation
- Reefing Review
- Use of Jib Telltales
- Practice Session, Upwind Skills, Tacking & Jibing
- Secure Boat
- Homework

Day 2

- Question and Answer Session
- Certification Checklist
- Set up boat
- Explain boat balance
- Review MOB procedures
- Weather Helm/Lee helm
- Practice Session, MOB, Rudderless Steering
- On Water Test
 - Rigging and Departure
 - Points of Sail
 - Head Up/Bear Away
 - Tacking & Jibing
 - Luffing Up
 - Sail by-the-lee
- Graduation Basic 2
- Certification Award

Basic 2 Schedule

Basic 2 is offered several ways to accommodate students varying schedules.

Midweek

Accelerated Schedule

2 Days in a row - 2 days total (usually taken concurrently with Basic 2)

Classes run the 1st and 3rd Wednesday and Thursday of each month. 10:00 am - 2:00 pm.

Weekend

Standard Schedule

2 Days per weekend (Saturday and Sunday in the same Weekend) - 1 weekend total

Classes run every weekend

Sat 10:00 am - 2:00 pm

Sun 10:00 am - 2:00 pm

Basic Sailing 1 or sufficient skills are pre-requisite to Basic Keelboat 2. Wear casual clothes, bring a jacket and wear sunscreen. No black soled shoes please, they leave marks on our new boats. This class is required to enroll in Basic Coastal Cruising. You can elect to take the BKS Written Examination at the end of this class. Cost is \$60 to join the ASA and \$35 for the test itself. Once certified, it is good for your whole life!



**** DISCOUNTS - Sign up for both Basic Keelboat I&II at the same time and save \$155.00**

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